

INFORMATION SHEET: ADULT AUTISM ASSESSMENT

BEFORE YOUR ASSESSMENT:

- A. TO BOOK:** Review this information sheet and the Frequently Asked Questions on our website before booking. You can also email us if you have any questions. To make your booking, head to our [online booking page](#). Our administrator will email you the invoice within 1 business day. This must be paid in full up-front. See our payment terms for more information.
- B. QUESTIONNAIRES:** Once your booking and payment have been received, you will be emailed questionnaires (including the SRS-2, RAADS-R, SPM-2, DASS21 and ASRS) to complete before your first appointment. You are also invited to email copies of any relevant documents, such as school reports, the Plunket book from your early childhood, or any previous assessments, so that these can be reviewed as part of your assessment. Photographs from childhood of family occasions and birthdays up to the age of 18 can also be helpful to share. If you feel more comfortable, you can wait until after your first appointment to share any documents and photos.

OUR GOLD-STANDARD ASSESSMENT PROCESS:



STEP 1. INITIAL CONSULTATION: A 30-minute phone appointment to set you up for your assessment.

In this initial phone consultation, the clinician will answer any questions that you have about the assessment process or the questionnaires you completed and will ask you brief questions about your current situation and your physical and mental health. At the end of the call, the clinician will explain next steps and advise you of any factors they have identified that could complicate an autism diagnosis. They will also schedule your clinical interview appointment with you.

STEP 2. CLINICAL INTERVIEW: A 2-hour video call assessment appointment. The clinician will gain an understanding of your personal traits, developmental background, and other relevant information. Sometimes the appointment takes a little longer (up to 2.5 hours). You are free to take breaks as

you need to. It's beneficial, although not mandatory, to have a family member, partner, or close friend accompany you. At the end of the clinical interview, the clinician will let you know if they would like to speak to anyone else as part of the assessment. They will also schedule your feedback appointment with you.

STEP 3. DIAGNOSIS RESULTS: A final 30-minute video call appointment to give final results. The clinician will discuss whether you are receiving an autism diagnosis and any recommended next steps. After the appointment, the clinician will email you a comprehensive report for your records.

This is our standard process. Adjustments may be required, such as additional appointments. You will always be informed of this, and any additional costs, in advance.

PRICING: \$1890.00 this includes all of the above and is inclusive of GST

IMPORTANT THINGS TO NOTE

- The Ministry of Social Development does not currently recognise telehealth autism diagnoses for government-funded disability support. Book with us only if you do not need or intend to apply for day-to-day government-funded support. You will still be eligible to request accommodations from employers and tertiary education providers. See [our telehealth statement](#).
- **Payment terms:**
 - All prices are in New Zealand Dollars and include GST.
 - Full payment is required up front to confirm your booking. This is a fixed cost.
 - Payment can be made via internet banking, Visa or Mastercard. We do not offer payment plans or partial payments.Partial refunds:
 - If you do not proceed after your initial consultation appointment, you are refunded in full less \$287.50 (and any card fees you paid) to cover the cost of that first appointment.
 - Refunds can only be processed into a nominated New Zealand bank account number. Proof of account may be required. Refunds take up to 14 days.
- **Changes or cancellation terms:** To reschedule or cancel an appointment, 72 hours' notice is required, otherwise additional charges for any re-booked appointment will apply.